Marathwada Shikshan Prasarak Mandal's

Vinayakrao Patil Mahavidyalaya, Vaijapur

National Service Scheme

Lecture on 'Health Issues in Women' by Dr. Sunanda Kathar (29-12-2017)

Report

Dr. Sunanda Kathar, Medical Officer, Sub-District Hospital, Vaijapur, delivered an informative lecture on the topic 'Health Issues in Women' for the NSS volunteers. Kalyani Sonyabapu Shete, B. Com. III, welcomed and introduced the resource person.

She started her interaction by asking questions to the students: Do you think that both men and women have same physiology? Do you think that women and women have different health issues? Do you know that women need balanced food too? Do you think that women work continuously and neglect their health? Do you think that pregnant women need more nutrition?

Then she explained that anaemia which is the deficiency of Haemoglobin has been a major health concern world-wide. In India too, low HB level is a common health issue. It causes weakness and nausea.

She noted that heart diseases is responsible for 29% deaths in women as per the CDC report. No doubt, it kills both men and women, but recently more women deaths have occurred due to stroke and heart attacks. It is a life-style defect which we can correct easily.

She fetched the attention to breast cancer. She told the students that breast cancer starts with a firm or a hard lump. It appears as if it is attached to the breast tissue. It grows in the course of time and it is not painful. So we have to be careful. If you have any symptom like this yu must consult the physician. If we trace it earlier, we can cure it fast.

She told the students that they must eat green leafy vegetables, fruits and eat nutritious meals. Milk which is easily available in villages, is good for health. Regular physical exercise is also a good habit. One can also do yoga and pranayama in order to lead a healthy life. We should spare some time from our schedule so that we can live cheerfully for twenty four hours. We must remember that prevention is better than cure. Rutuja Kishor Kasar proposed the vote of thanks. Maheshwar Janardan Moin, B. Sc. III, conducted the proceeding.

Hon'ble Late. Vinayakrao Patil (Aanna)

Founder President

Marathwada Shikshan Prasarak Mandal's

Vinayakrao Patil Mahavidyalaya,Vaijapur

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad

And

Marathwada Shikshan Prasarak Mandal's

Vinayakrao Patil Mahavidyalaya, Vaijapur, Dist-Aurangabad

National Service Scheme: Special Annual Camp

'Clean Village'

Venue: Shivoor Village, Tq. Vaijapur, Dist-Aurangabad

26-12-2017 to 01-01-2018

To.

.....

.....

.....

National Service Scheme: Special Annual Camp

'Clean Village'

Venue: Shivoor Village, Tq. Vaijapur, Dist-Aurangabad
26-12-2017 to 01-01-2018

Date	Time	Name of Resource Person	Theme
26-12-2017	10:00-10:30 am	Dr. K. P. Bholane (NSS PO, Vinayakrao Patil Mahavidyalaya, Vaijapur)	NSS for Constructive Work
	10:30-11:00 am	Shri. J. K. Jadhav (Former, Director, MIDC, Maharashtra)	Industry Academia Meet
	11:00-11:30 am	Dr. T. R. Patil (Coordinator, NSS, Dr. BAMU, Aurangabad)	Water Conservation & Water Management
	11:30-12:00 pm	Dr. Gajanan Sanap (Member, Advisory Committee, NSS, Dr. BAMU, Aurangabad)	Some Important Outreach Programmes
	12:00-12:30 pm	Dr. U. V. Panchal (Principal, Vinayakrao Patil Mahavidyalaya, Vaijapur)	NSS for Self Discipline
	12.30-01:00 pm	Mr. Vishwas Patil (Head, LGC, Vinayakrao Patil Mahavidyalaya, Vaijapur)	NSS for Social Peace
	02:00-03:00 pm	NSS Volunteers	Camp Area Cleaning
	02:00-03:00 pm	Programme Officers	General Discussion
27-12-2017	02:00-03:00 pm	Mr. Narhari Shivpure (Member, PAANI Foundation)	Water Management
	02:00-03:00 pm	Mr. Sachin Thorat (Assistant Professor, Department of Pol. Sci., Vinayakrao Patil Mahavidyalaya, Vaijapur)	Role of Youth in Eradication of Superstitions
	05:00-06:00 pm	All Volunteers	Powada (Ballad) Singing on Swachata
28-12-2017	02:00-03:00 pm	Dr. Sanjay Kamble (Associate Professor, Vinayakrao Patil Mahavidyalaya,Vaijapur)	Soil Testing
	02:00-03:00 pm	Mr. S. K. Rathod (Assistant Professor, Vinayakrao Patil Mahavidyalaya, Vaijapur)	People's Participation in Rural Development
	05:00-06:00 pm	All Volunteers	Cultural Activities: Folk Songs
29-12-2017	02:00-03:00 pm	Dr. Deepmala Marmath (SMO, ARTC, Sub-District Hospital, Vaijapur)	Anaemia in Women & Haemoglobin Testing
	02:00-03:00 pm	Dr. Sunanda Kathar (Medical Officer, Vaijapur)	Health Issues in Women
	05:00-06:00 pm	All Volunteers	Debate
30-12-2017	02:00-03:00 pm	Dr. Bhimrao Jadhav (Assistant Professor, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Personal Hygiene
	02:00-03:00 pm	All Volunteers	Elocution Competition
	05:00-06:00 pm	All Volunteers	Tree Plantation
31-12-2017	02:00-03:00 pm	Mr. Jayant Sonar (Assistant Professor, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Plastic Ban
	02:00-03:00 pm	All Volunteers	Street Play on Swachh Bharat
		NSS Volunteers	Folk Songs Competition
01-01-2018	01:00-02:00 pm	Dr. Dadasaheb Salunke (Vice Principal, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Inclusive Development
	02:00-03:00 pm	Dr. Sanjay Sambatkar (District Coordinator, NSS, Dr. BAMU, Aurangabad)	Rural Water Crisis: Some Solutions

Mr. D. B. Khillari
Programme Officer

Dr. Savita Wawge
Programme Officer

Dr. S. D. Pardeshi
Programme Officer

Dr. K. P. Bholane
Programme Officer

Dr. U. V. Panchal
Principal

Sr. No.	विद्यार्थ्याचे नाव	वर्ग	26/11/2016	26/12/2016	27/12/2016	28/12/2016	29/12/2016	30/12/2016	31/12/2016	01/01/2017
1	Shaikh Nida Abdul Hai	B.com TY	AS	AS	AS	AS	AS	AS	AS	AS
2	Shaikh Asma Jalib	B.com SY	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh
3	Shaikh Uzma Gaib	B.A. SY	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh	Shaikh
4	Jagtkale Manisha Dadasaheb	B.Sc. FY	Jagtkale	Jagtkale	Jagtkale	Jagtkale	Jagtkale	Jagtkale	Jagtkale	Jagtkale
5	Matsagare Archana Trimbak	B.Sc. FY	Archana	Archana	Archana	Archana	Archana	Archana	Archana	Archana
6	Thombre Rani Shesherao	B.Sc. FY	Rani	Rani	Rani	Rani	Rani	Rani		
7	Patil Apeksha Digambar	B.com FY	Digambar	Digambar	Digambar	Digambar	Digambar	Digambar	Digambar	Digambar
8	Thondare Mayuri Digambar	B.com FY	Mayuri	Mayuri	Mayuri	Mayuri	Mayuri	Mayuri	Mayuri	Mayuri
9	Kale Gauri Vinod	B.Sc. FY	Gauri	Gauri	Gauri	Gauri	Gauri	Gauri	Gauri	Gauri
10	Bahalaskar Nikita Somnath	B.A. FY	Nikita	Nikita	Nikita	Nikita	Nikita	Nikita	Nikita	Nikita
11	Nage Archana Narayan	B.A. FY	Archana	Archana	Archana	Archana	Archana	Archana	Archana	Archana
12	Ghodke Shivpratha Ambadas	B.A.F.Y.	Shivpratha	Shivpratha	Shivpratha	Shivpratha	Shivpratha	Shivpratha	Shivpratha	Shivpratha
13	Madgul Swaroopa Bhagwath	B.A.F.Y.	Swaroopa	Swaroopa	Swaroopa	Swaroopa	Swaroopa	Swaroopa	Swaroopa	Swaroopa
14	Nagale Sakshi Sanjay	B.Sc F.Y	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi
15	Jagtap Mohini Balasaheb	B.Sc Fy	Mohini	Mohini	Mohini	Mohini	Mohini	Mohini	Mohini	Mohini
16	Sarode Savita Dattu	B.Sc F.Y	Savita	Savita	Savita	Savita	Savita	Savita	Savita	Savita
17	Gaikwad Rekha Arjun	B.Sc F.Y	Rekha	Rekha	Rekha	Rekha	Rekha	Rekha	Rekha	Rekha
18	Nale Yogita Rajendra	B.Sc FY	Yogita	Yogita	Yogita	Yogita	Yogita	Yogita	Yogita	
19	Magar Monali Laxman	B.com S.Y	Magar	Magar	Magar	Magar	Magar	Magar	Magar	Magar
20	Gatande Arti Ramesh	B.com S.Y	Arti	Arti	Arti	Arti	Arti	Arti	Arti	
21	Thombare Shital Nanasaheb	B.com SY	Shital	Shital	Shital	Shital	Shital	Shital	Shital	Shital
22	Salunke Kavita Jalindar	B.com S.Y	Kavita	Kavita	Kavita	Kavita	Kavita	Kavita	Kavita	Kavita
23	Gaikwad Chaitali Gangadhar	B.com SY	Chaitali	Chaitali	Chaitali	Chaitali	Chaitali	Chaitali	Chaitali	Chaitali
24	Gatande Vandana Kailas	B.com SY	Vandana	Vandana	Vandana	Vandana	Vandana	Vandana	Vandana	
25	Thorat Bharti Sunil	B.com SY	Bharti	Bharti	Bharti	Bharti	Bharti	Bharti	Bharti	Bharti
26	Thorat Kalyani Kakasaheb	B.com S.Y	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani
27	Jagdale Kavita Sainath	B.com SY	Jagdale	Jagdale	Jagdale	Jagdale	Jagdale	Jagdale	Jagdale	Jagdale
28	Gaikwad Rajas Anil	S.com F.Y	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad	Gaikwad
29	Kumawat Pratiksha Sanjay	B.com TY	P.S. Kumawat	P.S. Kumawat	P.S. Kumawat	P.S. Kumawat	P.S. Kumawat	P.S. Kumawat	P.S. Kumawat	P.S. Kumawat
30	Shinde Rupali Vijay	B.com TY	Rupali	Rupali	Rupali	Rupali	Rupali	Rupali	Rupali	Rupali
31	Bosse Jaya Bhagawan	B.Com TY	Jaya	Jaya	Jaya	Jaya	Jaya	Jaya	Jaya	Jaya

No.	विद्यार्थ्याचे नाव	वर्ग	25/12/2016	26/12/2016	27/12/2016	28/12/2016	30/12/2016	31-12	201
34	Swati narayan Balisul	B.Com SY							
35	Thorat Priyanka Aansaheb	B. com. S.Y	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka
36	Kanhe Puja Krushna	B.Sc. F.Y							
37	Nerade Pooja Ramnath	B.Sc. F.Y							
38	Sayyad Sabina Dadhali	B.Com. SY	S.R. Sayyad	S.R. Sayyad	S.R. Sayyad	S.R. Sayyad	S.R. Sayyad	S.R. Sayyad	S.R. Sayyad
39	Jadhav Gayatri Sunil	B.Sc. F.Y	Gayatri	Gayatri	Gayatri	Gayatri	Gayatri		
40	Jagtap Kanchan suresh	B.com S.Y.							
41	Farooki Ishrat Rizwan	B.com S.Y.	Farooki	Farooki	Farooki	Farooki	Farooki	Farooki	Farooki
42	Gaikwad Ankita Annasaheb	B.com S.Y	Ankita	Ankita	Ankita	Ankita	Ankita	Ankita	Ankita
43	Shaikh Faiin Pashu	B.Com. S.Y							
44	Kangare Preksha keshinath	B.Com. SY							
45	Magar Mandi Rashesh	B.Com SY							
46	Dome Nital Rajendra	B.com S.Y							
47	Mahapure Kanchan Rajendra	B.com.SY	K.R.Mahapure	K.R.Mahapure	K.R.Mahapure	K.R.Mahapure	K.R.Mahapure	K.R.Mahapure	K.R.Mahapure
48	Pawar Komal Prabhakar	B.Com S.Y							
49	Marathe Priti Sanjay	B.Com S.Y							
50	chavan Rupali Baban	B.com S.Y	Rupali	Rupali	Rupali	Rupali	Rupali	Rupali	Rupali
51	Lokhande Bharti Prakash	B.com T.Y.							
52	Shinde Anita Nivrutti	B.com Ty							
53	Magar Rupali Raju	B.com Ty	R. R. Magar	R.R. Magar	R.R.Magar	R.R.Magar	R.R. Magar	R.R.Magar	R.R.Magar
54	Nikhade Rina Raghunath	B.Com T.Y.							
55	Lodhe Shraddha Amarchand	B.com Ty							
56	Sonawane Komal Sunil	B.com Ty							
57	mategaon Ganesh Bhausaheb	B.com Ty							
58	Gaikwad Amol Krushna	B.Com Ty							
59	Rathod Balaram	B.Com Ty	Balaram			Shp	Shp	Shp	
60	Gaikwad Anand Rameshwar	B.com T.Y							
61	Rathod Sagar Gulab	B.com S.Y							
62	Gaikwad Sachin Rohidas	—							
63	Kumavat Dewesh Ramdas	—							

No			22/12/2016	26/12/2016	27/12/2016	28/12/2016	30/12/2016	31-12-2016
65	Jagtap Dnyaneshwari Namdev	B.Com SY						
66	Wagh Sagar Bhausaheb	B.Com SY						
67	Thorat Sachin Chandrakant	B.Com SY						
68	Chaudhari Shripadik Prashant	B.Sc IT						
69	Bothe Arjun Rajendra	B.Sc IT						
70	Kale Ganesh Babasaheb	B.A FY						
71	Thore Mangesh Pitambar	B.com SY						
72	Gawali Mangesh Kisan	BSc (SY)						
73	Jadhav Sofan Vilas	BSc (SY)						
74	Sonawane Santosh Purushottam	(B.Sc TY)						
75	Sachin Pathare	D.com (SY)						
76	[illegible]							
77	Jawale Sagar Anil	B.Com (TY)						
78	Dipak Pandit Kakade	B.A (SY)						
79	Bag Bhagwan Rajole	B.com (TY)						
80	Rushikesh Balasaheb Rakkate	B.com, S.Y.						
81	Rishikesh Changdeo Chande	B.Com SY						
82	Dushing Sujit Rajaram	B.Com. F.Y.						
83	Jadhav Yogesh Ashok	B.Sc F.Y.						
84	Akash Gramdas Bairagi	B.com SY						
85	Hekade Sagar Arun	B-com F.Y						
86	Thombre Tushar Bhausaheb	B.com SY						
87	Dushing Nitin Bhanudas	B.com SY						
88	Malik Rakesh Babasaheb	B Com SY						
89	Shinde Santosh Annasaheb	B Com SY						
90	Bonke Narayan Changdev	B.Sc [illegible]						
91	Jadhav Prashant Dharmendra	B.Sc (FY)						
92	Aher Sagar Nabhu	B.Sc (FY)						
93	Darekar Prathik Yadavrao	B.Sc (FY)						
94	[illegible]	B.Sc FY						

Sr. No.	Student's Name	Class	24/12/2016	26/12/2016	27/12/2016	28/12/2016	29/12/2016	30/12/2016
97	Phatbale Avinash Sanjay	B.Sc (F.Y.)						
98	Pathan Anwar Shahanwaz	B.Com (F.Y.)						
99	Pawar Rameshwar Bhagwan	B.Com (F.Y.)						
100	Gadam Rameshwari Sudam	B.Sc (F.Y.)						
101	Jagdale Jagesh Kailas	B.Sc F.Y.						
102	Thombre Shubham Pitamber	B.Sc F.Y.						
103	Kale Prasad Rachhnath	B.Sc F.Y.						
104	Jadhav Anjan prakash	B.Sc S.Y.						
105	Narale Bhagirath Vitthal	B.Sc S.Y.						
106	Kadam Ganesh Bapusaheb	B.Sc.F.Y.						
107	Gawane Nikhil Nana	B.Sc.F.Y.						
108	Theng Radhakisan Gunpat	B.Com S.Y.						
109	Helunde Parvez Ravasaheb	B.Com S.Y.						
110	Pawar Ganesh Madan	B.Com F.Y.						
111	Tambe Tushar Prakash	B.Com F.Y.						
112	Tambe Somnath Hashinath	B.Sc F.Y.						
113	Bapherkar Bhagyashri Kishor	B.Com S.Y.						
114	Jagtap Sulekha Ramesh	B.Com F.Y.						
115	Gaikwad Kapishna Sunil	B.Com F.Y.						
116	Gawade Anjali Sharad	B.Com S.Y.						
117	Bange Amruta Appasaheb	B.Sc S.Y.						
118	Bange Monisha Balasaheb	—						
119	Gavali Jyothi Shivaji	B.Sc. F.Y.						
120	Suryabhe Sunayna Mahendra	B.Sc. F.Y.						
121	Kadve Bharti Balnath	B.Sc S.Y.						
122	Gadam Kalyani Balasaheb	B.Sc S.Y.						
123	Rahane Pooja Tukaram	B.Sc (B.T.)						
124	Gosaksha Jayeshri Vinod	B.Sc (S.Y.)						
125	Jagtap Babita Hansraj	B.Sc (S.Y.)						
		B.Com (F.Y.)						

								31-12-17	1-1-18
			26/12/2016	26/12/2016	26/12/2016	26/12/2016	26/12/2016		
134	Jagshri Shriram Shinde	BA SY	Shinde	Shinde	Shinde	Shinde	Shinde	Shinde	Shinde
135	Priya Bhausaheb Pathare	B.A. S.Y.							
136	Jyoti Bhausaheb Pathare	B.Sc T.Y.							
137	Kavita Babasaheb Jadhav	B.Sc T.Y.							
138	Jaglap mehmood	B.Sc By							
139	Shete kalyani Sambhaji	B.Com T.Y.							
140	Shete Saraswati Sanjay	B.Com T.Y.							
141	Dange Jagrishri Rajendra	B.Com T.Y.							
142	Magar Swati Samarth	B.Com T.Y.							
143	Jadhav Kavita Babasaheb	B.Sc T.Y.							
144	Priyanka Janardan Shinde	B.Sc T.Y.							
145	Jagshri popat Gaikwad	B.A. T.Y.							
146	[illegible]	[illegible]							
147	sarse kiran vinayak	BSC SY							
148	main vikas Rajendra	BSC FY							
149	Pawle shubham Dipak	BSC FY							
150	Yadav shubham Rameshwar Machhindra	BA FY							
151	Jadhav Abid Babasaheb	Bsc T.Y.							
152	main Maheshwari Janardan	B.Sc T.Y.							
153	shirede pragati santosh	B.Com S.Y.							
154	Pathade Disha Ramdas	B.Com T.Y.							
155	Naikwadi Amrita Shamvelas	B.Sc. F.Y.							
156	kasar Ruhija kishor	B.Sc F.Y.							
157	Kirte Avantika manohar	B.Sc. F.Y.							
158	kadam shubhangi Jalinder	B.Com T.Y.							
159	Magar Rani [illegible]	B.Sc F.Y.							
160	kadam chhaya Bhausaheb	B.Com F.Y.							
161	Pardeshi Rahi Chhotaf	BCOM T.Y.							
162	Patkar Rameesh Shinde	B.Com T.Y.							
163	[illegible]	[illegible]							

SR NO								
162	Pawar Akash Ashok	B.com F.Y						
163	Pawar Ratnakar Dattatrray	B com T.Y						
164	Jadhav Krushna Nanasaheb	B.COM T.Y						
165	Pote mohini prahlad	B.com S.Y						
166	Pawar Pavan Ramesh	B.com F.Y.						
167	Shubham BabaSaheb Jadhav	B.A. F.Y.						
168	Pawar Kakasaheb Dinkar	BSc F.Y						
169	Magar Sandeep Vinod	BSc F.Y						
170	Rahane Kavita Balram	B.Sc (S.Y)						
171	Shinde Ashvini Gangadhar	B.Sc (F.Y)						
172	Sonwanshi Akshada Baparaheb	B.Sc (F.Y)						
173	Thombare Varsha Nanasaheb	B.Sc (F.Y)						
174	Shewale Shital Sunil	B.Sc (F.Y)						
115	Kotwale Sonali Shahajan	B.com (T.Y)						
116	Ingle Rupali Laxman	B.com (T.Y)						
117	Savita Balgavansingh	B.COM T.Y						
118	Shete puja arun	B.com T.Y						
119	Gawli Sujata Baban	B.Com T.Y						
120	Shinde Madhuri Devidas	B.com T.Y						
166	Magar Pandurang Sambhaji	B.com. T.Y						
167	Chandgude Bapusaheb Sanjukta	B.Com. S.Y.						
168	Jagtap Rahul Somnath	B.com S.Y						
169	Jagtap Shubham Ashok	B.com F.Y						
170	Potekar Parmeshi	B.com T.Y						
171	Nikam Kavita Bapu	B.com T.Y						
172	Nikam Sonali Kailas	B.com T.Y						

NSS Programme Officer

Programme Officer N.S.S.
Vinayakrao Patil College
Vaijapur Dist.Aurangabad

Vinayakrao Patil Mahavidyalaya Vaijapur
National Service Scheme
Tq.Vaijapur Dist.Aurangabad

Principal

PRINCIPAL
Vinayakrao Patil Mahavidyalaya,
Vaijapur Dist.Aurangabad