

M. S. P. Mandal's

VINAYAKRAO PATIL MAHAVIDYALAYA, VAIJAPUR

National Service Scheme (NSS)

Lecture on 'Art of Living' by Dr. M. S. Kharat

(30-12-2019)

REPORT

Dr. Mahesh Kharat, Associate Professor, Department of Marathi, Vinayakrao Patil Mahavidyalaya, Vaijapur, highlighted the importance of 'Art of Living' on 30-12-2019. Nikhil Rajendra Kunde welcomed the resource person. Dr. Kharat asked the students whether life is a science or an art. The students said that it is both a science and art and concluded that we need to look at it as an art. He said that human life is full of tensions and worries and when a person is subject to these situations it leads to depressions. He referred to some of the medical studies which say that the modern lifestyle demands multi-tasking which is against the human psychology. Humans can perform one task at a time and that's why people who have consistent self-discipline often accomplish their goals. So we have to split the task into small tasks and deal with them properly. Dr. Kharat also admitted that human needs have increased in the modern times. Today, our life is full of facilities and amenities and when they are at our disposal we take them for granted. We have a chain of never ending desires and when one desire is fulfilled other creep up. The entire works mistakes that gratification will make them happy. But we have to see if the rich people are really happy. They are most depressed people because they live under the constant threat of losing their fortune. He referred to Robin Sharma's book the 'Monk Who Sold His Ferrari' and said that we need to correct our vision in order to look at the things around us. Buddha had everything at his disposal but still relinquished the life of ease and comfort and went out in search of truth. We have to study this philosophy. Summarily. We have to follow the teachings of Mahavira, Sri Aurobindo, J. Krishnamurthy etc. We come to know that life becomes happy when we give something to others. Monika Eknath Aher proposed the vote of thanks.



**Dr. Babasaheb Ambedkar Marathwada University
Aurangabad**

And

Marathwada Shikshan Prasarak Mandal's



**Vinayakrao Patil Mahavidyalaya, Vaijapur
Dist-Aurangabad**

National Service Scheme: Special Annual Camp

'Youth for Cleanliness Water Conservation'

Venue: 'Bhavor' Village, Tq. Vaijapur, District-Aurangabad

25-12-2019 to 31-12-2019

NOT ME BUT YOU

Mr. D. B. Khillari
Programme Officer

Dr. Savita Wawge
Programme Officer

Dr. S. D. Pardeshi
Programme Officer

Dr. K. P. Bholane
Programme Officer

Dr. U. V. Panchal
Principal

Date	Time	Name of Resource Person	Theme
25-12-2019	10:00-10:30 am	Dr. K. P. Bholane (NSS PO, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Code of Conduct
	10:30-11:00 am	Adv. Pramod Jagtap (Member, CDC, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Water Management: Some Proven Techniques
	11:11-11:30 am	Dr. U. V. Panchal (Principal, Vinayakrao Patil Mahavidyalaya, Vaijapur)	What We Can Do For Society?
	11:30-12:00 pm	Mr. Appasaheb Patil (Head, CDC, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Water Management in Drought Prone Areas
	02:00-03:00 pm	NSS Volunteers	Camp Area Cleaning
	03:00-04:00 pm	Dr. S. D. Pardeshi (Vice Principal, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Spirituality: A Scientific Approach
26-12-2019	02:00-03:00 pm	Mr. Pandit Shinde (Advisor, NMC Canal Project, Vaijapur)	Innovative Ideas in Water Management
	02:00-03:00 pm	Mr. M. L. Sonawane (Associate Professor, Vinayakrao Patil Mahavidyalaya, Vaijapur)	NSS for Instilling Democratic Values
27-12-2019	02:00-03:00 pm	Mr. Vijay Patil (LCTC Counsellor, Sub-District Hospital, Vaijapur)	Health Counselling
	02:00-03:00 pm	Mr. Nitin Shelke & Mr. Bhagwan Kadam (HDFC Bank, Vaijapur)	Banks and Social Responsibility
28-12-2019	02:00-03:00 pm	All Volunteers	Elocution Competition
29-12-2019	02:00-03:00 pm	Dr. B. N. Jadhav (Assistant Professor, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Polythene Bags: Danger to Environment
	02:00-03:00 pm	Mr. B. K. Nikam (Assistant Professor, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Swachh Bharat Abhiyan
30-12-2019	02:00-03:00 pm	Dr. M. S. Kharat (Associate Professor, Vinayakrao Patil Mahavidyalaya, Vaijapur)	Art of Living
	02:00-03:00 pm	Mr. Shahaji Bhosale (Secretary, ANIS)	Superstitions and Addiction
31-12-2019	11:00-02:00 pm	Mr. Ulhas Thombre (Entrepreneur, Vaijapur)	Industry Academia Meet
	02:00-03:00 pm	Dr. T. R. Patil (Coordinator, NSS, Dr. BAMU, Aurangabad)	Water Conservation for Water Security

Sr. No.	Name of Volunteer	25/12/2019	26/12/2019	27/12/2019	28/12/2019	29/12/2019	30/12/2019	31/12/2019
149	Pranaya Dagu Theng	Pranaya	Pranaya	Pranaya	Pranaya	Pranaya	Pranaya	
150	Nannaware Pooja Jagannath	Pooja	Pooja	Pooja	Pooja	Pooja		
161	Dhanad Devki Injanshwar					Dhanad		
162	Shinde Prashant Vishwas	Shinde	Shinde	Shinde	Shinde	Shinde	Shinde	
163	Gavali Ashwini Ganesh	Gavali	Gavali	Gavali	Gavali	Gavali	Gavali	Gavali
164	Gavali Pooja Bharat	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja
165	Gawali Shubhangi Ganesh	Gawali	Gawali	Gawali	Gawali	Gawali	Gawali	Gawali
166	Sauwale Poonam Ramesh	Sauwale	Sauwale	Sauwale	Sauwale	Sauwale	Sauwale	Sauwale
167	Raut Rani Ashok	Raut	Raut	Raut	Raut	Raut	Raut	Raut
168	Bahalastar Nikita Somnath	Bahalastar	Bahalastar	Bahalastar	Bahalastar	Bahalastar		
167	Wagh Kanchan Balu	Kanchan	Kanchan	Kanchan	Kanchan	Kanchan	Kanchan	Kanchan
168	Wagh Monika Bandu	Monika	Monika	Monika	Monika	Monika	Monika	Monika
169	Kakade Hob D. Pawar							
170	Kardile Pushkesh Ashok	Kardile	Kardile	Kardile	Kardile	Kardile		
171	Paramvir Yogesh Jahagiradar	Paramvir	Paramvir	Paramvir	Paramvir	Paramvir		
172	Gunjaj Kishor Ramnath	Kishor	Kishor	Kishor	Kishor	Kishor		
173	Aker Aniket Santosh	Aniket	Aniket	Aniket	Aniket	Aniket	Aniket	
174	Moin Rakesh Sudam	Moin	Moin	Moin	Moin	Moin	Moin	Moin
175	Gurav Balu Suresh	Gurav	Gurav	Gurav	Gurav	Gurav	Gurav	
	Jadhav Sumita Sanjay	Jadhav	Jadhav	Jadhav		Jadhav	Jadhav	

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177	Dohake Aditya Saksul	AD						
178	Borde Anmol Dadasahel	AB						
179	Gawali Mangesh Kisan	MG						
180	Shinde Ravindra Keshavnath	RS						
181	Bhoskade Aniket Arun	BA						
182	Sheddha Lakshman Nagle	SN						
183	Gayatri Mahapurc	GA						
184	W. Chavase Pankaj	PC						
185	Sujata Jadhav							RS


Programme Officer




Principal